



NIRAJ INTERNATIONAL SCHOOL

DAY	BREAKFAST	RICE / PULAO	WET VEG.	DRY VEG	DAL	CHUTNEY/ PAPAD	SALAD	ROTI	DESERT	CURD	HEALTH DRINK
MONDAY 26.03.2012	BAMBINO UPMA	PLAIN RICE	CORN CAPSICUM MASALA		DAL MAKHANI		GREEN	BUTTER ROTI	PAPAYA	CURD	CHOCOLATE COMPLAN
TUESDAY 27.03.2012	ALU PARATHA	PEAS PULAO		VEG. WITH CARROTS, BEANS, GOBI	PALAK DAL		KIMCHI	ROTI		CURD	HORLICKS
WEDNESDAY 28.03.2012	ONION UTTAPPAM	PLAIN BAGARA RICE	ALU METHI		TOMATO DAL		TOSSED	PHULKA	BAMBINO KHEER	CURD	CHOCOLATE HORLICKS
THURSDAY 29.03.2012	CUCUMBER SANDWICHES WITH PUDINA CHUTNEY	ALU KI TEHERI	CORN TOMATO		DAL TADKA		KACHUMBER	PLAIN PARATHA		CURD	COMPLAN
FRIDAY 30.03.2012	MAGGI	VEG. BIRYANI	ALU KURMA	BEANS PORIAL				ROTI	GULAB JAMUN	BHOONDI RAITA	BOURNVITA
SATURDAY 31.03.2012	SRI RAM NAVAMI										